## THOUGHT ABOUT UMPIRING?

## FEMALE FOUNDATION UMPIRING COURSE

<u>Cardijn College - Honeypot Road - Noarlunga Downs</u> Saturday, March 16th from 3:30pm - 5:30pm **Catering** provided

Includes free tickets to watch the South Adelaide vs North Adelaide SANFLW game!

The match begins at 5.50pm at Flinders University Stadium







All Females, Cis, and Non-Binary are welcome! \* \*Must be at least 12 years of age to umpire



- Why umpire?
  Umpiring offers flexible scheduling around your playing commitments.
- It keeps you physically active.
- You can learn valuable life skills through umpiring.
- Earn competitive pay ranging from \$30 to \$150 per game.
- Expand your social circle and build relationships through football.
- Enjoy the fun and excitement of officiating games while contributing to the sport you love!

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Scan the QR code and submit your details to get started!









A great first step towards becoming a Field, Boundary or Goal Umpire is attending this FREE Female Foundation Umpiring Course. The course teaches the fundamental skills of becoming an umpire. It is designed to be used by all entry-level umpires, irrespective of age\* (must be at least 12 years old), gender or background in the game.

## What to expect?

The course will cover topics such as:

- Umpiring Pathways
  - Umpire Roles
  - Decision Making
  - Communication
    - Positioning
      - Signals

Experience hands-on training in essential umpiring skills, including:

- Mastering ball-ups, signalling, and effective communication as a field umpire.
  - Perfecting boundary throw-ins and the art of goal flag waving.

Once you complete the course, we'll provide you with all the necessary information to start umpiring in the league of your choice. This includes details about your potential earnings, training venues, uniform requirements, the appointment process, and important contacts. With all this information, you'll be fully prepared to umpire your first game!

## **Bonus opportunity**

As part of this course celebrating opportunities for women & girls in football, we are offering each participant two free tickets to attend the SANFLW game between South Adelaide & North Adelaide @ 5.50pm at Flinders University stadium (straight across the road).

This is an opportunity to see first-hand umpiring straight after the course.







Scan the QR code and submit your details to get started!